

Honey Pecan Salad Dressing

3 Tbl Sugar

1 Tbl Sweet onion, chopped fine

1 Tbl Dijon mustard

1/4 Tsp Salt

1/2 c. Honey

1/4 c. Red wine vinegar

1 c. Vegetable oil (see notes for variations)

1 c. Pecans, toasted and chopped

Mandarine oranges, optional

Raspberries, optional



Pulse first 6 ingredients in a blender 2 or 3 times until blended. With blender running, pour oil through food chute in a slow steady stream; Process until smooth.

Serve over fruit or salad greens.

Enjoy!